

# Kindergarten Checklist

## Physical and Motor Development

- Can your child / does your child...
- Grip a pencil, crayon, and marker correctly \*+
  - Use scissors, glue, and paint \*
  - Trace a line or a simple shape
  - Attempt to tie his or her shoes
  - Bounce a ball
  - Kick a ball
  - Walk in a straight line
  - Stand on one foot
  - Throw and catch a medium-sized ball
  - Dress himself or herself (coat, shoes, zippers, buttons)
  - Climb stairs with alternating feet
  - Have a dominant hand and/or foot
  - Ride a tricycle

## Social and Emotional Development

- Can your child / does your child...
- Share and take turns with others \*
  - Play independently for 15 minutes
  - Manage bathroom needs
  - Wash and dry hands
  - Follow one-step and two-step directions
  - Generally follow rules
  - Separate from parents for a few hours without emotional trauma

## Approaches to Learning

- Can your child / does your child...
- Sit still and pay attention for a short period of time \*+
  - Show interest in books and reading
  - Listen to an age-appropriate story without interrupting
  - Work independently for short periods of time
  - Make simple choices
  - Finish a task before starting another
  - Respond to basic requests
  - Ask questions about things around them
  - Understand the difference between real and pretend
  - Speak comfortably with other children and adults

## Language Development

- Can your child / does your child...
- Identify some letters of the alphabet
  - Know some letter sounds
  - Identify the beginning sounds of some words
  - Write his or her first name with uppercase and lowercase letters
  - Speak in complete sentences
  - Speak in a manner adults can understand
  - Recognize common sight words (mom, dad, stop, go)
  - Identify rhyming words
  - Recite full name, address, telephone number, and birthday
  - Recognize his or her printed first name by sight
  - Retell a simple story

## Cognitive Development

- Can your child / does your child...
- Count to 10
  - Write the numbers from 1 to 10
  - Classify objects by size, color and shape
  - Draw a circle, square, and triangle
  - Know basic colors (red, blue, yellow, green...)
  - Understand simple object relationships (over / under, more / less)
  - Identify groups of 2, 3, 4, or 5 objects
  - Recognize and extend a simple patterning sequence (ABABAB)
  - Understand the basic concepts of time (morning, afternoon, night time)
  - Identify missing parts in pictures

\* Rated as 'Very Important' or 'Essential' by a significant percentage of kindergarten teachers (based upon the responses of a nationally representative sample of public school and private school kindergarten teachers to a survey on Kindergarten Entry Skills)

Visit [KinderIQ.com](http://KinderIQ.com) for additional kindergarten learning resources.

